

06/07 WINTER BASKETBALL

K-Clinic

Coaches Manual



K-Clinic Mission Statement

The Sno-King Youth Club Kindergarten Clinic is intended to provide an environment where the players learn sportsmanship, skills, and fair play as they participate in healthy, enjoyable recreation. Our success by achieving this goal is measured by how the children feel about their contribution to the game when they leave the court.

CUSTOMER SERVICE PAGE



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Blank Sheet to plan practice

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POLICIES AND PROCEDURES

A. Practice and Game Schedules: Practice schedules are selected at the K-Clinic coaches meeting. The game schedules are handed out no later than the third practice date.

B. Uniform Selections: Kindergarten uniforms are issued to each coach by the Sno-King Youth Club. Sno-King teams are only allowed to wear uniforms that are issued to the coach by the Sno-King office.

C. Parent Meeting: Sno-King Youth Club encourages all coaches to hold a parent meeting at the first practice. The meeting should be to inform the parents of the Sno-King philosophy, and coach's expectations for the eight-week kindergarten league. The parent meeting is also a proper time to give any information relative to any schedules.



Practice, Game, and Picture Location

PRACTICE LOCATION

Einstein Middle School
19343 3rd Ave. Northwest
Shoreline, WA

Salem Lutheran Church
9906 232nd St SW
Edmonds, WA

GAME LOCATION

Einstein Middle School
19343 3rd Ave. Northwest
Shoreline, WA

Purpose:

The Purpose of this manual is to instruct both the player and the coach in a practical clinic consisting of one-hour sessions. These sessions are set up to be fun for both the player and coach.

“YOU ARE THE COACH”



When coaching kindergarten age players, there are some important things to keep in mind.

1. These are children, and their attention span is very limited
2. They **DO NOT** respond well to technical and longwinded instructions
3. They **DO** respond to FUN!
4. This age group more than any other needs encouragement and attention. (some more than others)
5. Plan your practice. Read over your material and be prepared, it will make a big difference.
6. Always have a backup plan, if something is not working, move on and try it again later. You can usually tell if something is not working by the expression on their faces.
7. Encourage the parents to attend and participate
8. Good sportsmanship, respect for coaches, and others should be stressed throughout the clinic.
9. Teach them to be gracious, win or loose. (Winning isn't everything)
10. Remember that you are the coach and role model for your team. The example you provide will show through in their conduct on the court toward officials and other players. You have a chance to change the patterns of the past and bring in a new generation of players that truly love and understand the game of basketball