

**SNO KING YOUTH CLUB**  
**1<sup>st</sup> – 2<sup>nd</sup> Grade Boys & Girls Basketball**  
**2011-12 Winter League**  
**Rules & Regulations**

**“Everyone Gets to Play”**

**Rules for Grades 1<sup>st</sup> – 2<sup>nd</sup>**

**No jewelry will be allowed which includes; earrings, hair clips, necklaces, rings and watches.**

For grades 1<sup>st</sup>– 2<sup>nd</sup>, each player must play one full quarter. She/he must start, play in, not come out of and finish one full quarter. For teams with 6 available players, each must play a minimum of 2 complete quarters. **Teams with 7 or more players must play and stay in one full quarter and not come out. Each player must sit one full quarter**

**Teams that do not have 5 players at game-time, will have a 5minute grace period for that fifth player to show up, otherwise the game will result in a forfeit.**

**1<sup>st</sup> Grade Only:** Any player scoring a basket at the opposing teams’ basket will not be scored, it will result in a turnover.

**COACHES ARE ENCOURAGED TO PROVIDE EQUAL PLAYING TIME FOR ALL PLAYERS.**

**Scoring**

Score is not officially kept. We are teaching rules and the game concept. Score-keeping begins in the 3<sup>rd</sup> grade.

**Alternating Possession Rule**

At the beginning of the first quarter only, there will be a jump ball. This will be the only jump ball in regulation play. During each quarter, teams will alternate possession on all jump balls according to the possession arrow on the score table. In addition, the possession arrow will indicate which team in-bounds the ball at the beginning of all subsequent periods following the 1<sup>st</sup>.

**Game Length**

Every attempt is made to begin and end games on time, however, delays do occur. Each facility we use is rented on a time schedule. If problems occur that could affect the length of the game, each coach will be notified prior to the start of the game or as soon as possible, thereafter.

**Each quarter will be 8 minutes long.**

**Running clock for the first 7 minutes, stopping only on time outs, injuries and free throws (On free throws the clock will stop for positioning on the key and will start once the ball is handed to the shooter. If the player is shooting a 2 shot foul, the clock will be stopped until the ball is handed to the player on the second attempt.)**

The clock will not stop on out of bound plays for the first 7 minutes of each quarter.

The last 1-minute of each quarter will stop and start as per High School Rules, at every whistle.

## **Time Outs**

- Each team will get 2 time-outs per half. Time-outs last 60 seconds
- There will be one minute between each quarter.
- A five- minute half time.
- One time-out per overtime period

## **Back-Court Checking**

The front-court of a team consists of that part of the court between their end line and the nearer edge of the division line including their basket and the in-bounds part of the backboard.

The back-court of a team consists of the rest of the court, including the entire division line and the opponent's basket and the in-bounds part of the opponent's backboard.

### **Boys & Girls 1<sup>st</sup> and 2<sup>nd</sup> Grade:**

When a defensive player gains control of the ball, it becomes the offensive team. The opposing team must then retreat to the opposite end of the court to play defense. Once the ball carrier crosses the mid-court line, the team not in possession of the ball may challenge them. Defensive players **MAY NOT** cross into the back-court to defend any player or the ball. The defensive team **MAY NOT** pick up ball handling errors made in the back-court.

**Boys 1<sup>st</sup>, 2<sup>nd</sup> & Girls 1<sup>st</sup>, 2<sup>nd</sup>: No backcourt checking!**

\*\*\*\*\* Special note for Boys and Girls grade 2\*\*\*\*\*

The **over & back rule** will **not** be enforced in these grades. The rule will be modified as followed: If after the offensive team has crossed into front court with the ball, then chooses to return to the backcourt with the ball, they may be pursued by the defensive team. This rule stays in effect regardless of how long the ball has been in the frontcourt or what the score is. Once the ball has crossed the mid court line, if it goes backcourt there is **NO** 10 second count.

## **Team Size**

- The maximum roster size is 10.
- If a player drops from your team, please contact the SKYC office for a possible replacement. In addition, if a player requests to join your team and you are full, ask them to contact the SKYC office for placement.

## **Defense rules** Boys and Girls 1st – 2nd grade

Each defensive player shall play man to man defense while the ball is in the offensive half of the court. Double-teaming is not allowed, except as noted below. If within 5 feet on defense, a player fronted with the ball may try to steal but must maintain a five-foot defensive position with his/her original man. If the offensive player moves, the defense must move to avoid any double-teaming.

\*The exception of the above rule shall be allowed a double team of the ball while the offensive player, who has control of the ball, has some part of their body in the three second key area.

### **Fouls for illegal defense and back-court checking**

2nd Grade:     **First & Second offense** – A Verbal Warning  
                  **Third offense**- A technical foul will be awarded to the offensive team.

1st Grade:     No Illegal Defense Fouls

### **Three Second ruling**

Grades 1 & 2: Three seconds will not be called unless in the judgment of the coach, that the players or coaching style are taking advantage of this rule.

### **Defensive Stealing**

- Stealing the ball from an offensive player as they are maintaining a controlled dribble is **not** allowed.
- Stealing the ball while offensive player is passing, shooting or mishandling dribble is allowed

**\*\*\*As of January 31st, 2012 this rule does not apply to 1<sup>st</sup> or 2nd grade teams.  
Stealing the ball from the dribbler is allowed as of 1/31/11.\*\*\***

### **Travel, Double Dribble**

**As of 1/31/12: Travelling and Double-dribbling will be called by coaches**

Coaches: In practices, teach dribbling, stopping and using the pivot-foot. If a player stops dribbling then they should know that they can do the following:

1. Pass
2. Shoot
3. Use pivot-foot and then pass or shoot

### **Basket Height**

	<u>Boys team</u>	<u>Girls team</u>
Grade 1	8ft	8 ft
Grade 2	8 ft	8 ft

## **Free Throw Distance**

	<u>Boys Team</u>	<u>Girls Team</u>
Grade 1	10 ft	10 ft
Grade 2	10 ft	10 ft

## **Ball Size**

Grades 1 & 2 Junior size

## **Referees**

**Grades 1 & 2: Coaches or a voluntary parent will be the referee for the entire game**

## **Team Benches & Scores Table**

- Each team will be allowed 1 Head Coach & 1 Assistant Coach on the bench during the game. NO PARENTS!
- Only volunteer parents and children over 16 are allowed to run the clock.
- A team will provide a volunteer to run the clock.